Icarus Wellness and Recovery
Boise, Idaho

Childcare and Household Coverage Planner

Fill out this planner with the adults who will help care for your children while you're in treatment. Leave room to record what still needs to be confirmed.

Dates this plan covers _____

Responsibility	Arrangement to confirm	Person or backup
Daily and overnight care Where the children will stay and who will be with them.		
School or childcare Drop-off, pickup, school contacts and any required permissions.		
Meals and supplies Food, clothing, laundry and household essentials.		
Health needs Appointments and current instructions from the child's clinician.		
Transportation Rides to school, activities and appointments, plus a backup.		
Contact with you Confirm how family contact works with your treatment team.		
Unexpected changes Who can step in and how the caregiver can reach them.		
Plan review Choose when the adults will check what needs to change.		

Share the agreed plan with the adults providing care. Ask the school, childcare provider or child's clinician which forms or permissions they need.